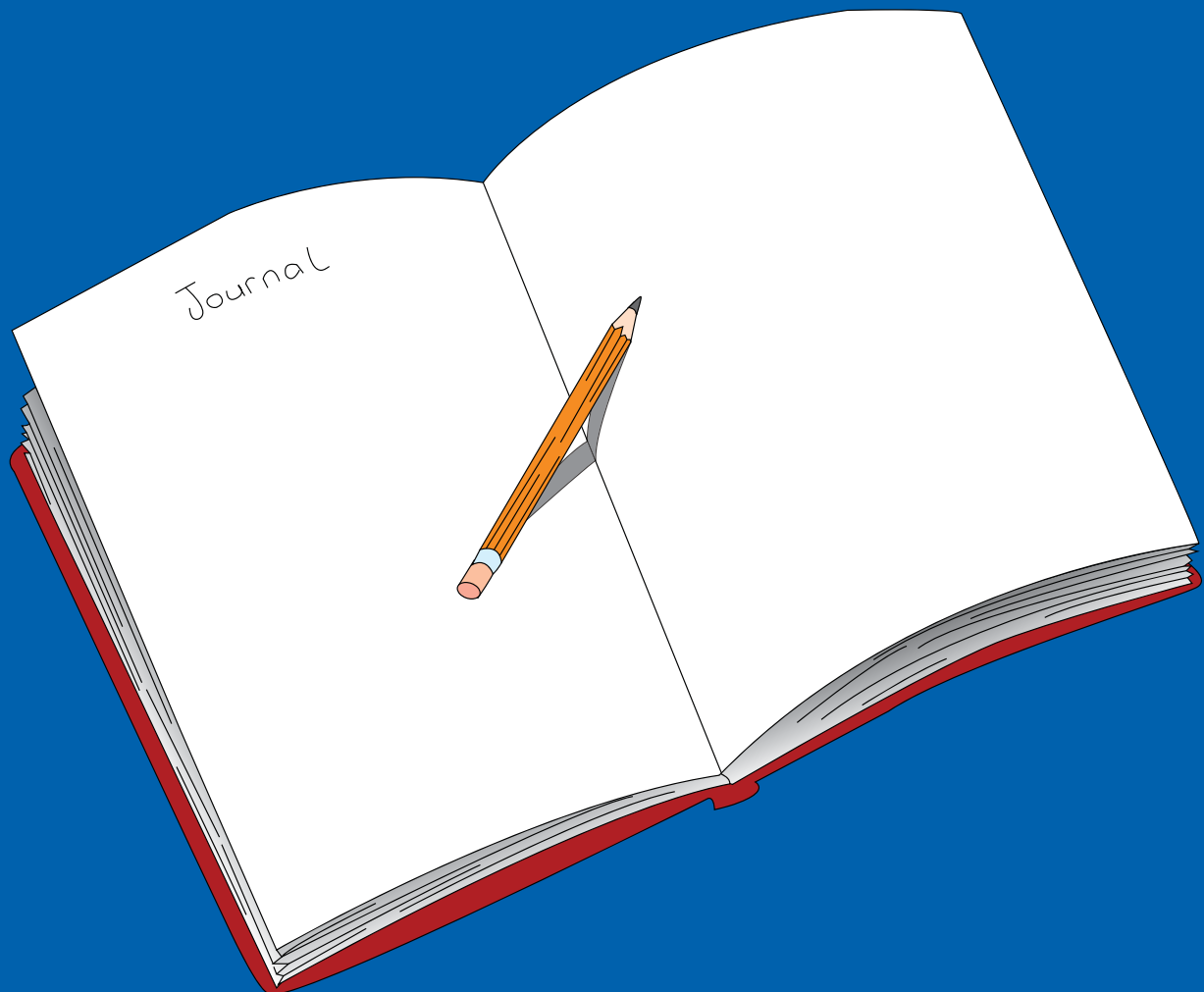




Journal

We have used a journal in this story because it can be helpful for children to write things down about how they feel at a time like this. If the child is too young to write they can draw pictures.

Encourage your child to talk to you about what they have written so you are aware of their feelings and what is going on.



For more information on Bullying visit us at

www.ResolvingBooks.com